

Authentic Faith: Emotional Health



You may want to split into separate male and female groups for this discussion.

Read Genesis 38 together.

Read Matthew 1:1-3 and 15-16.

Questions

1. What does Matthew's lineage of Jesus tell us
 - a. About God's redemptive plan?
 - b. About God's grace?
2. Do you identify at all with Tamar? Have you ever felt you've been treated unfairly?
3. Are there areas of your life you think God wants to heal and redeem?
4. Is there anyone you need to forgive?
5.
 - a. How can we as a church community build safe male/female relationships that present a 'better story' to the world?
 - b. How can we be truly 'brothers and sisters'?