

Authentic Faith: Emotional Health – Is Anything Too Hard For God?



Lisa helped us explore the story of Abraham and Sarah, when Sarah laughed at the idea of having a child in her old age. "Is anything too hard for God?" was the response.

Disappointment and pain can come in many ways. At times we may all be faced with this question because of our own disappointments. Lisa looked at two possible unhelpful responses we might have ourselves:

- 1) Yes, this is too hard for God
 - In which case we need God's help to show us more of who he is: for that we look to Jesus.
- 2) No, but there must be something wrong with me
 - In which case we need God's help to show us more of who we are: free children of God.

Read Genesis 18: 1 - 15

Questions

1. Is anything too hard for God? Which of the two responses above do you lean more towards?
2. Do you ever find yourself making excuses or rationalising why God hasn't responded to prayer in the way you hoped or expected?
3. Lisa challenged us to seek relationship in prayer and be honest with God about disappointment. Is this something you find easy or difficult?
4. Feeling the failure stems from us can come about when we fall short of cultural expectations, rather than God's expectation of who we are and what we should achieve. Share any experiences you've had of this.
5. We need to see ourselves the way God sees us. As his children. Consider spending some time hearing from God for words of encouragement for each other.