

Philippians 4/Summary

Don't worry/Jesus' love is amazing



1. Overview of the message:

Josh looked at 4:4-7, where Paul encourages the Philippians not to worry, but to bring their concerns to God in prayer. Paul has been showing the Philippians that it's not about them, but about God. Worries can distract us from seeing this. Paul encourages the Philippians not to be distracted by worries, but to bring them to God, who is really in control. And when we turn to God in prayer, we receive His peace.

Chris gave a summary of Philippians, looking at each of the passages covered during the series. He summarised what we've learnt from the book as: Jesus' love is amazing –

- It's an active love – Jesus came down from heaven for us (2:5-11)
- It's a love which shapes our identity and is actively at work in our lives
- It's a love which is to be worked out within the church

2. Follow-up in your group

- How good are you at bringing your worries to God in prayer with thanksgiving?
- How could you grow in doing this, and help others to grow in it?
- Share what's impacted you from the Philippians series – any particular talks or sections of the book?
- What have you learnt about Jesus' love through this series? (you could re-read 2:1-11, the centrepiece of the letter, where Paul points to Jesus' love at the cross.)